

# IRELAND – KENYA CULTURAL EXCHANGE

Forum bringing youth & young adults together from Ireland & Kenya.  
Connect. Share. Learn.

## What's happening

- An opportunity to share and discuss real-life topics that matter to you.
- A chance to hear from other young people from their context and share challenges, solutions, and ideas.

## Who can join

- Young adults & youth from both Ireland & Kenya

## When

**Date: Saturday 7th March, 2026**

**Time: 10AM - 12.30PM (Dublin GMT) /Kenya 1PM - 3.30PM)**

**Location: Online**

**Cost: €5**

*Your contribution helps sustain youth-led dialogue beyond a single event*



For More Info, Click [HERE](#)

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## Facilitators



Ciarán Coughlan

Head of Student Support at Maynooth University



Angela Mwihaki

Professional Mediator, E. I. practitioner & Life Coach, Radio Presenter & Producer



Dr. Dean McDonnell

Lecturer of Psychology at South East Technological University Ireland.



Ana Kenia Rivas

Passionate educator, social entrepreneur & community worker



Ilyas Asar

Development Practitioner, Peace Advocate, Human Rights Defender



Olga Lacey

Advocate for Human Rights, Conflict Prevention & Peacebuilding



contact@dotoba.ie



www.dotoba.ie