

# IRELAND – KENYA CULTURAL EXCHANGE

Forum bringing youth & young adults together from Ireland & Kenya.  
Connect. Share. Learn.

## What's happening

- An opportunity to share and discuss real-life topics that matter to you.
- A chance to hear from other young people from their context and share challenges, solutions, and ideas.

## Who can join

- Young adults & youth from both Ireland & Kenya

## When

**Date: Saturday 7th March, 2026**

**Time: 10AM - 12.30PM (Dublin GMT ) /Kenya 1PM - 3.30PM)**

**Location: Online**

**Cost: €5**

*Your contribution helps sustain youth-led dialogue beyond a single event*



For More Info, Click [HERE](#)

## Facilitators



**Ciarán Coughlan**

Head of Student Support at  
Maynooth University



**Angela Mwihaki**

Professional Mediator, E. I.  
practitioner & Life Coach,  
Radio Presenter & Producer



**Dr. Dean McDonnell**

Lecturer of Psychology at  
South East Technological  
University Ireland.



**Ana Kenia Rivas**

Passionate educator, social  
entrepreneur &  
community worker



**Ilyas Asar**

Development Practitioner,  
Peace Advocate, Human Rights  
Defender



**Olga Lacey**

Advocate for Human Rights,  
Conflict Prevention &  
Peacebuilding

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